## Detailed work schedule: Sustainable Agro-Technologies in Sri Lanka: In Vitro Plant Propagation, Rice Water Management & the Cascade System

Time duration: From 20.07.2025 to 31.07.2025

#### **Day 01**

**Common Session: Inauguration ceremony & General Introduction** 

**Location: UCIARS Lecture Hall & UCIARS Farm** 

Interactive lectures 4 1/2 Hours, Field exposure 3 Hours

Time	Activity	Description
8.00 – 9.30 AM	Inauguration ceremony	
9.30 – 10:00 AM	Introduction about the program	Opening remarks, program overview, and icebreaker with Sri Lankan students.
10:00 – 12:00 PM	Lecture: Overview of Sri Lankan Agriculture sector	Agro-ecological zones, Major crops, crop production, major export, engagement of labor force.
12:00 – 1:00 PM	Lunch Break	Lunch and informal interaction.
1.00 – 2.30 PM	Lecture: Dry Zone Agriculture in Sri Lanka	Cropping systems, Paddy cultivation, traditional practices and irrigation systems.
2:30 – 3.00 PM	Interactive Discussion	Comparison with Chinese practices, climate adaptation, and irrigation systems.
3.00 - 6.00 PM	Farm Visit & Demonstrations	Guided tour of paddy fields, chena plots, traditional irrigation structures, and Q&A with farm staffs.

### **Day 02:**

**Module: Plant In-vitro Propagation** 

Location: Tissue Culture Research and Development Laboratory lecture hall, UCIARS

Theory (6 1/2 Hours)

Time	Activity	Description
8:30 -	Introductory Lecture	Introduction to plant tissue culture
10:00 AM		technology
10:00 -	In-vitro propagation	Basics and steps of in-vitro propagation
12:30 AM	technology	technology
12:30 -	Lunch Break	_
1:30 PM		
1:30 -	Tissue culture oriented	Design productive laboratory designs for
3:30 PM	laboratory designs	tissue cultured plants mass production
3:30 -	Low-cost input for Tissue	Readily available inputs and utilization for
4:00 PM	culture productions	low cost plant productions
4:00 -	Tissue culture	Discussion on microbial and chemical
5:00 PM	contaminations	contaminations as major constraints of the
		tissue culture industry
5:00 -	Noval technologies in	Introduction to Bio-reactor technology,
6:00 PM	plant tissue culture	Artificial Intelligent used in tissue culture productions

 $\begin{tabular}{ll} \textbf{Day 03} \\ \textbf{Topic: Assessing Daily Crop Water Requirement of Paddy Under Irrigated Conditions in Dry Zone Sri Lanka \\ \end{tabular}$ 

Morning Session - Theory (4 Hours)		Venue : UCIARS Lecture Hall
Time	Topic	Description
8:30 - 9:15 AM	Paddy Cultivation in Sri Lanka: Historical & Traditional Context	Overview of Sri Lanka's ancient irrigation systems (e.g., wewas – tanks, canal systems), bethma system (traditional water-sharing), rainfed vs irrigated rice farming. Highlight traditional water conservation ethics.
9:15 - 10:00 AM	Modern Irrigation in Dry Zone Sri Lanka	Introduction to current practices in major irrigation schemes (e.g., Mahaweli, Kalawewa), seasonal planning (Yala & Maha), role of Department of Agrarian Development.
10:00 - 10:15 AM	Tea Break	_
10:15 - 11:00 AM	Comparison: Paddy Water Management in Sri Lanka vs China	Discuss:  • Scale and mechanization differences  • Water management policies in Chinese rice paddies (e.g., AWD)  • Use of technology and AI in China vs traditional-integrated methods in Sri Lanka
11:00 - 12:30 PM	Brief on present research study	Previous studies, Collaboratives, Hypothesis of the present study, Objectives, methodologies, expected outcomes.
Afternoon Sess	ion - Practical (4 Hours)	Venue : UCIARS Paddy Field
1:30 – 2:00 PM	Field Orientation	Safety briefing, student group assignment, explain daily duties, tools, and measurement kits.
2:00 - 3:30 PM	Cultural Agronomy Practice	Demonstration of traditional practices: transplanting methods, bund preparation, water management without pumps. Encourage discussion with field staff.
3:30 - 4:00 PM	Data Collection: Lysimeter & Environmental Observations	<ul> <li>Staff gauge to measure water height in the paddy field</li> <li>3 Barrels in paddy field</li> <li>3 stilling wells inside the masonry chamber</li> <li>E piezometers</li> <li>Standard rain gauge</li> </ul>
4:00 – 5:00 PM	Data Entry & Reflection	Students enter data into Excel/logbook, reflect on measurements, and discuss how Sri Lankan practices could inspire sustainable irrigation in other regions.
5:00 - 5:30 PM	Wrap-up & Q&A	Open floor for students to ask questions, share their thoughts about differences between Sri Lanka and China, and provide daily feedback.

**Module: Plant In-vitro Propagation** 

Location: Tissue Culture Research and Development Laboratory, UCIARS

**Total Hours: 7 Hours Practical session** 

Time	Activity	Description
8:30 - 10:00 AM	Tissue culture	Introduction to machinery and
	instrumentations	instruments used in plant tissue
		culture technology with working
		principles and standards
10:00 - 12:30 AM	Laminar Air Flow cabinet	Practical exposure on tool handling in
	handling principles	the Laminar Air Flow cabinet
12:30 - 1:30 PM	Lunch Break	_
1:30 - 4:30 PM	Ex-plant preparation	Practical exposure to preparation of
	techniques	ex-plants – Nodal culture

# Day 05 and 06 - Cultural program Day 07

**Module: Plant In-vitro Propagation** 

Location: Tissue Culture Research and Development Laboratory, UCIARS Total Hours: 1 1/2 Hours Theory + 6 Hours Practical session

Time	Activity	Description
8:30 -	Physical visit to Tissue	Identification of various units of the
10:00 AM	culture production	laboratory and observation visit of staff
	laboratory	activities
10:00 -	Stock solution preparation	Formulating procedures of basic salts as
11:30 AM		nutrients
11:30 -	Stock solution preparation	Practical exposure to stock solution
12:30 AM		preparation
12:30 -	Lunch Break	_
1:30 PM		
1:30 -	Murashige & Skoog	Practical exposure to MS medium
5:00 PM	standard basic salt medium	preparation
	preparation	

**Pre-Visit Orientation & Initial Field Visit** 

**Location: UCIARS Lecture Hall & Walawe River Basin Cascade Systems** 

Total Hours: 4 Hours Theory + 4 Hours Field visit

Time	Activity	Description
8:30 -	Introductory Lecture	Overview of the Sri Lankan Cascade System:
10:00 AM		History, Function, and Modern Relevance
10:00 -	Comparative Analysis	China vs. Sri Lanka: Traditional Irrigation
11:30 AM	Session	Techniques and Climate Adaptation Strategies
11:30 -	Assigned Readings & Group	Distribution of background materials and
12:30 PM	Task	short group research themes
12:30 -	Lunch Break	_
1:30 PM		
1:30 -	Field Briefing	Safety instructions, field protocol, and team
2:00 PM		arrangements
2:00 -	Field Visit 1	Visit to selected tanks and canals in the
6:00 PM		Walawe River Basin. Observation and
		documentation of cascade components

Hands-on Field Work, Interaction, and Reflection Location: Cascade Field Sites, Agrarian Service Center, Local Farm Organizations Total Hours: 8 Hours Practical

Time	Activity	Description
8:00 - 10:00 AM	Field Demonstration	Hands-on experience: water flow measurements, and biodiversity observation
10:00 - 12:00 PM	Stakeholder Engagement	Discussion with farmers and local officers on irrigation challenges and climate change adaptation
12:00 - 1:00 PM	Lunch Break	_
1:00 - 3:00 PM	Collaborative Field Survey	<ul> <li>Interviewing local farmers about historical changes in water availability, cropping patterns, and challenges faced due to climate variability.</li> <li>Mapping biodiversity: identifying aquatic plants, amphibians, birds, and insects around the water bodies using basic biodiversity checklists.</li> <li>Documenting land use changes near the cascade using sketch maps, photographs, or mobile GIS apps.</li> <li>Collecting GPS coordinates and field photos for each structure visited for geotagging and future analysis.</li> </ul>
3:00 – 5:00 PM	Workshop & Presentation Prep	Teams prepare quick presentations summarizing field insights
5:00 - 6:00 PM	Reflection Session	Open forum for sharing experiences and comparing learning between both cultures

**Module: Plant In-vitro Propagation** 

Location: Tissue Culture Research and Development Laboratory, UCIARS

**Total Hours: 8 Hours Practical session** 

Time	Activity	Description
8:30 – 10:00 AM	Ex-plant preparation techniques	Practical exposure to preparation and
	•	sterilizing of ex-plants – Callus culture
10:00 - 12:30 AM	Ex-plant induction protocols	Practical exposure to establishment
12:30 AM	Lunch Break	protocols of ex-plants – Callus culture
1:30 PM	Lunch break	_
1:30 -	Ex-plant preparation	Practical exposure to preparation and
2:30 PM	techniques	sterilizing of ex-plants – Seed culture
2:30 -	Ex-plant induction	Practical exposure to establishment
5:30 PM	protocols	protocols of ex-plants – Seed culture

#### **Day 11**

**Module: Plant In-vitro Propagation** 

Location: Tissue Culture Research and Development Laboratory, UCIARS

**Total Hours: 9 Hours Practical session** 

Time	Activity	Description
8:30 -	Ex-plant preparation	Practical exposure to preparation and
10:00 AM	techniques	sterilizing of ex-plants – Meristem culture
10:00 -	Ex-plant induction	Practical exposure to establishment
12:30 AM	protocols	protocols of ex-plants – Meristem culture
12:30 -	Lunch Break	_
1:30 PM		
1:30 -	Subculturing techniques of	Practical exposure to banana tissue
5:30 PM	banana tissue culture	establishment in proliferation & rooting
		medium
5:30 -	Acclimatization of tissue	Practical exposure to banana plant
6:30 PM	cultured banana plants	acclimatization through protected house
		techniques

## Day 12 - Closing ceremony

**Program: Final Reflections & Closing Ceremony** 

**Duration: 5 Hours (8:30 AM - 1:30 PM)** 

**Location: UCIARS Lecture Hall** 

Time	Activity	Description	
8:30 – 9:30 AM	Final Group Presentations	Student teams (Chinese & Sri Lankan) present findings and reflections from field visits and collaborative surveys.	
9:30 – 10:30 AM	Panel Feedback Session	Academic panel provides feedback on student presentations, field experience, and collaborative learning outcomes.	
10:30 - 11:00 AM	Tea Break	Informal mingling and photo session.	
11:00 – 12:00 PM	Joint Reflection & Cultural Sharing	Sharing final thoughts, key takeaways, and cultural exchange activities.	
12:00 - 1:00 PM	Closing Ceremony	<ul> <li>Welcome &amp; summary of the program</li> <li>Reflections from student representatives</li> <li>Remarks by UCIARS and Southwest University staff</li> <li>Distribution of certificates &amp; group photo     1:00 - 1:30 PM   Light Lunch &amp; Departure   Farewell lunch hosted by UCIARS  </li> </ul>	